

Speed and Coordination Exercises for Drummers

♩ = 130

This exercise is pretty easy,

But can get difficult if you put a high tempo

If you play this exercise perfectly,

1

Musical notation for measures 1-3. Measure 1 starts with a double bar line and a 4/4 time signature. The notes are quarter notes: G4, A4, B4, C5, B4, A4, G4. Measure 2: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 3: quarter notes G4, A4, B4, C5, B4, A4, G4.

and at a high tempo (+180),

You will gain lots of speed

enjoy

4

Musical notation for measures 4-6. Measure 4: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 5: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 6: quarter notes G4, A4, B4, C5, B4, A4, G4.

7

Musical notation for measures 7-9. Measure 7: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 8: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 9: quarter notes G4, A4, B4, C5, B4, A4, G4.

10

Musical notation for measures 10-12. Measure 10: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 11: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 12: quarter notes G4, A4, B4, C5, B4, A4, G4.

♩ = 90

If you also want to practice your bass drum speed,

13

Musical notation for measures 13-15. Measure 13: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 14: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 15: quarter notes G4, A4, B4, C5, B4, A4, G4.

try this exercise!

16

Musical notation for measures 16-18. Measure 16: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 17: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 18: quarter notes G4, A4, B4, C5, B4, A4, G4.

To finish it up, here's a coordination exercise,

Snare and Bass Drum Independence!

19

Musical notation for measures 19-21. Measure 19: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 20: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 21: quarter notes G4, A4, B4, C5, B4, A4, G4.

22

Musical notation for measures 22-24. Measure 22: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 23: quarter notes G4, A4, B4, C5, B4, A4, G4. Measure 24: quarter notes G4, A4, B4, C5, B4, A4, G4.